## ABSTRACT

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A crash box for a motor vehicle, e.g., for a passenger automobile, includes a plurality of fold beads arranged vertically and/or transversely with respect to a predetermined direction of deformation of the crash box, and at least one mounting element secured to the crash box. The mounting element is arranged on one of the fold beads but is cut out over a fold bead and/or provided with an oppositely curved, similar fold bead.